

FLYING BUTTRESS SOCKS

LAURA RINTALA

NOTES

- ◆ For ease of knitting the cable pattern, working the socks with the magic loop method and one long circular needle is recommended.
- ◆ For a primer on the toe-up techniques used in this pattern, see Ann Budd's *Beyond the Basics* in *Interweave Knits*, Summer 2007.

FOOT

With CC, dpn, and the Eastern method (see Glossary, page 3), CO 8 sts over 2 dpn. Knit across sts on the first needle, then knit across sts on the second needle.

Next rnd: *K1, M1L (see Glossary), knit to last st on first needle, M1R (see Glossary), k1; rep from * on second needle—12 sts. Transfer these 12 sts to either end of the cir needle (see Notes), making sure that working yarn is toward the point of the needle, with 6 sts at each end of needle. Place marker (pm) for beg of rnd. Keeping sts evenly divided on ends of needle, cont as foll:

Rnd 1: *K1, M1L, knit to last st of first sock half, M1R, k1; rep from * to end of rnd—4 sts inc'd.

Rep Rnd 1 on next 4 rnds—32 sts.

Rnd 2: Knit.

Rep Rnds 1 and 2 four more times—48 sts.

Break off CC and join MC. Knit 1 rnd even. **Beg cable patt:**

Rnd 1: Knit across 24 sts of first sock half (sole sts), work Rnd 1 of Cable chart across second sock half (instep sts).

Working sole sts in St st, work through Rnd 41 of chart on instep. **Heel:** Heel is worked across 24 sole sts only. You can transfer sole sts to a dpn, leaving instep sts on cir needle. Drop MC and join CC.

Row 1: (RS) Knit to last st, turn, leaving last st unworked.

Row 2: (WS) Yo backward (see Glossary), purl to last st, turn, leaving last st unworked.

Row 3: Yo as usual, knit to paired sts created by yo on previous row, turn, leaving last 3 sts unworked.

Row 4: Yo backward, purl to paired sts created by yo on previous row, turn.

Row 5: Yo as usual, knit to paired sts created by yo on previous row, turn.

Rep Rows 4 and 5 until 8 sts rem between innermost yos at center of row. Do not



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Finished Size 7¾" foot circumference and 9½" long from back of heel to tip of toe. To fit woman's U.S. shoe sizes 8 to 9.

Yarn Brown Sheep Lamb's Pride Superwash (100% wool; 200 yd [183 m]/100 g): #SW18 lichen (MC), 2 skeins; #W27 mysterious fuchsia (CC), 1 skein.

Needles Size 5 (3.75 mm): 36" (or longer) circular (cir) and set of 3 double-pointed (dpn). Adjust needle size if necessary to obtain the correct gauge.

Notions Two cable needles (cn); stitch holders; markers (m); yarn needle.

Gauge 23 sts and 32 rows = 4" in St st.



turn after last RS Row 5 is completed.
Second half of heel: With RS still facing (you should be in the middle of the heel sts; next 2 sts on left needle should be a knit st/yo pair): (RS) K1, correct the st mount of the foll yo (so right leg of yo is the leading leg), k2tog (yo and knit st of next pair), turn. **Next row:** (WS) Yo backward, purl to purl-st/yo pair, p1 (purl st) ssp














(see Glossary; yo with purl st of next pair), leaving a yo as the first st on the left needle, turn.

Row 1: (RS) Yo as usual, knit to first pair, k1 (knit st; the foll 2 sts are yos), correct the st mount of next 2 yos, k3tog (2 yos with knit st of the next pair), leaving a yo as the first st on the left needle, turn.

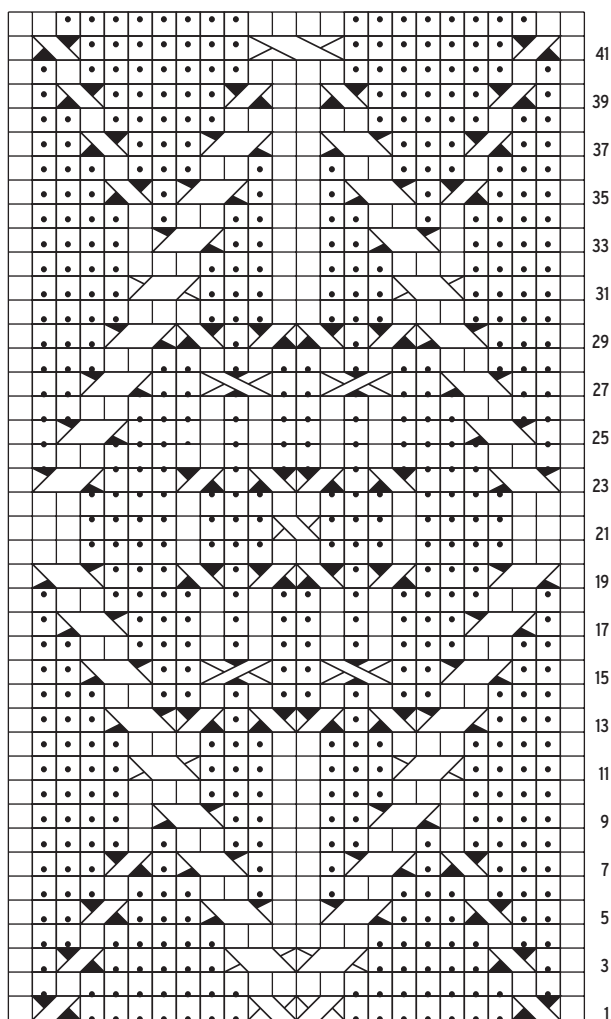
Row 2: (WS) Yo backward, purl to first

pair, p1 (purl st; the foll 2 sts are yos), sssp (see Glossary; 2 yos with purl st of the next pair), turn.

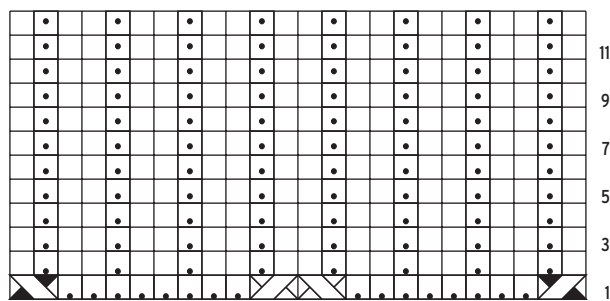
Rep Rows 1 and 2 until all yos of the first half have been consumed, ending with a WS row. The last turn will bring the RS facing. Break off CC. With MC, yo as

-  k on RS
-  p on RS
-  RT: sl next st to cn and hold in back, k1, k1 from cn
-  LT: sl next st to cn and hold in front, k1, k1 from cn
-  RPT: sl 1 st onto cn and hold in back, k1, p1 from cn
-  LPT: sl 1 st onto cn and hold in front, p1, k1 from cn
-  2/1 LC: sl 2 sts onto cn and hold in front, k1, k2 from cn
-  2/1 RC: sl 1 st onto cn and hold in back, k2, k1 from cn
-  2/1 RPC: sl 1 st onto cn and hold in back, k2, p1 from cn
-  2/1 LPC: sl 2 sts onto cn and hold in front, p1, k2 from cn
-  2/2 LC: sl 2 sts onto cn and hold in front, k2, k2 from cn
-  sl 1 st to cn and hold in front, sl 1 st onto second cn and hold in back, k1, p1 from cn in back, k1 from cn in front
-  sl 2 sts to cn and hold in back, k1, sl p st back to left-hand ndl, p1, k1 from cn

Cable



Cuff





needle and pull the needle cable up between the last st worked and the unworked final yo. Knit the yo tog with

usual, then place this yo on a holder, knit to last st, but do not work the final yo. Transfer sts back to one end of cir

the first st of the instep, work instep sts in patt (Row 42 of chart) to last st of instep and knit this st tog with the yo on the holder—48 sts again. **Leg:** Work Row 1 of chart on all sts (instep and back of leg). Work through Rnd 42 of chart. **Cuff:** Work Rnds 1–12 of Cuff chart on all sts. Cut yarn, leaving a 25" tail. Thread tail on a tapestry

needle and use the sewn method (see Glossary) to BO all sts.

FINISHING

Weave in all loose ends. Block lightly according to ball-band instructions. ■

Eastern Cast-On

Hold two dpn parallel to each other. Leaving a 6" (15 cm) tail, wrap the working yarn around both needles counterclockwise (Figure 1) half as many times as the number of stitches you want. For example, if you want to cast on 12 stitches, wrap the yarn around the two needles six times. To begin, bring the yarn forward between the two needles and use a third needle to knit across the wraps on the top needle (Figure 2). Rotate the two needles so that the needle that had been on the bottom is now on the top; use the free needle to knit across the wraps on that needle (Figure 3).



Figure 1



Figure 2

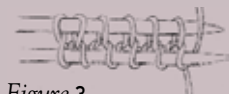


Figure 3

Raised (M1) Increases

Left Slant (M1L) and Standard M1



Figure 1

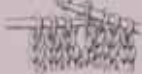


Figure 2

With left needle tip, lift strand between needles from front to back (Figure 1). Knit lifted loop through the back (Figure 2).

Right Slant (M1R)



Figure 1



Figure 2

With left needle tip, lift strand between needles from back to front (Figure 1). Knit lifted loop through the front (Figure 2).

Ssp Decrease

Holding yarn in front, slip two stitches knitwise one at a time onto right needle (Figure 1). Slip them back onto left needle and purl the two stitches together through back loops (Figure 2).



Figure 1



Figure 2

Sssp

Slip three sts knitwise, one at a time, and purl tog through the back loops.



Sewn Bind-Off

Cut the yarn three times the width of the knitting to be bound off and thread onto a tapestry needle. Working from right to left, *insert tapestry needle purlwise (from right to left) through first two sts (Figure 1) and pull the yarn through, then bring needle knitwise (from left to right) through the first st (Figure 2), pull the yarn through, and slip this st off the knitting needle. Repeat from *.



Figure 1

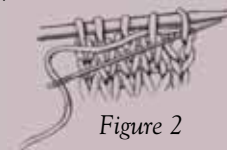


Figure 2

Yarnover Backward

Usually, yos on the purl side are worked by bringing the yarn from the front over the top of the needle to the back, then under the needle to front again (Figure 1). In working a short-row heel, yos are worked in the opposite direction. Bring yarn under needle to back, then over needle to front again, and continue purling row (Figure 2).



Figure 1



Figure 2